

## **The Letter of Editor**



**Tetyana Khomazyuk**

Editor-in-Chief

### **Directions and Vision 2025**

21st century...The third decade... 2025! This year marks the halfway point of the UNPD 2030 Agenda for Sustainable Development. The global pandemic, multiple conflicts, wars, disasters, and other crises have changed the world, slowed progress towards the Sustainable Development Goals, and reversed human development for the first time in decades. The situation of the poor and vulnerable has worsened, multilateral cooperation is strained, and the global Sustainable Development Goals seem ever more distant.

UNPD has identified four transformative themes for Accelerating Progress towards the Sustainable Development Goals in 2025 (<https://www.undp.org/destination-2030-accelerating-progress-sustainable-development-goals>): women, money, AI and PEACE! Destination 2030 ...

The development of medicine is an integral part of the recovery and sustainable progress of the human community. The Strategy in the field of medicine is based on a person-centered and human rights-based approach to health; it is also focused on innovation, quality data, and adaptability. It focuses on key priorities, including the burden of non-communicable diseases, the threat of infectious diseases such as COVID-19, tuberculosis, and HIV, as well as the need for comprehensive mental health and rehabilitation services. This is a collective journey of 170 UN countries over time towards common goals of improving the health, life expectancy, well-being, and equality of all peoples of the world, as well as the personification of each person in need of help and support on our planet Earth. A relevant component of this journey is the WHO global action plan to promote the health of refugees and migrants for 2019-2030.

Achieving the goals for the period up to 2030 requires collective action, which includes using global knowledge, international experience, an extensive network of experts, and WHO resources worldwide to provide high-level professional, technical, and operational support. The goal is to develop a sustainable, people-oriented health system that delivers high-quality medical care to all citizens, regardless of race, gender, or ability to pay. The value of the vast international experience acquired in various countries increases tremendously by gaining access to global knowledge and connections. In this "tsunami" of priorities, the main areas of development of medicine, both science and in the field of medical services, will be genomics, proteomics and epigenomics, bioinformatics, systems biology, nanobiotechnology, cell technology, pharmacogenetics, etc., based on and in interaction with rapidly developing digital information technologies. For such global cases to be successful, it is necessary to create a unified scientific environment to exchange experience and implement joint projects of scientists, manufacturers, and medical researchers. In this regard, electronic information publications play a leading operational role, forming high-speed professional information networks in specialized medical fields and integrating interactions between them. New digital capabilities can, without additional costs, use the entire existing research base, leading to a significant breakthrough in disseminating data, medical knowledge, and their further routing and implementation in science, practice, and education. The current situation, when social orientation and scientific background are becoming key factors for development, has given this developing information educational field even greater relevance and significance. We are proud of the electronic publication *The Journal of Internal Medicine: Science & Art (JIMSA)*, which is connected to an extensive global network that unites various components - from scientists, medical researchers, and country experts with specific experiences that they can share, and to real best practices applied in the information system of medical

knowledge. The Journal of Internal Medicine: Science & Art (JIMSA) is a peer-reviewed open-access medical journal that publishes original research, reviews, case reports, and letters covering a broad field of its specialty.

Analyzing the experience of past years is the best motivation to be better in the present and future. A weighty argument today is the words of George Washington, the first President of the United States (1732–1799): "***We should look back only to learn from past mistakes and profit from dearly bought experience.***"

Skills in critical work with scientific and clinical information will allow us to distinguish high-quality information based on evidence from others. They will allow us to acquire the skill of understanding, arguing discussions and points of view, and evaluating scientific hypotheses. Experience in interacting with authors and expert reviewers allowed us to see how ambiguous everything is in medical science and how important it is to navigate the huge volumes of scientific information to benefit patients.

***Dear authors, colleagues, friends!***

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***"The best way to predict... the future is to create it."*** - Abraham Lincoln, 16th President of the United States (1809–1865)